

2026 QLD Chito-Ryu Training Camp

Currimundi Active Recreation Centre, Sunshine Coast

Fri, 22 May 2026		
17:00	Arrive from	Report to Gymnasium
19:00 - 20:00	Training	Gymnasium
		No meals provided Friday night
Sat, 23 May 2026		
06:00 – 07:30	Training	Gymnasium
07:45 – 08:30	Breakfast	Dining Room
09:30 – 10:45	Training	Gymnasium
10:45 – 11:00	Morning Tea	
11:00 – 12:00	Training	Gymnasium
12:15 – 13:00	Lunch	Dining Room
14:00 – 15:30	Training	Gymnasium
15:30 – 15:45	Afternoon Tea	
15:45 – 17:00	Training	Gymnasium
15:30 – 18:15	Dinner	Dining Room
20:30 – 21:00	Supper	Dining Room
Sun, 24 May 2026		
06:00 – 07:30	Training	Beach OR Gymnasium (subject to weather)
07:45 – 08:30	Breakfast	Dining Room
09:30 – 10:45	Training	Gymnasium
10:45 – 11:00	Morning Tea	Gymnasium
11:00 – 12:00	Training	Gymnasium
12:15 – 13:00	Lunch	Dining Room
14:00 – 15:30	Training	Gymnasium

What to bring to the camp:

- A linen pack is provided (sheets, blanket, pillow, pillow case, towel)
- An extra blanket or a sleeping bag (optional).
- Shoes
- Clothes
- Toiletries
- 2 karate gis (or more)
- A small hand towel for washing the dojo floor
- Kumite protective equipment
- Weapons (if you have them)
- A device you can use to film yourself during the sessions (phone, ipad)
- A notebook and pen
- A curious mind
- And, an insatiable appetite to learn