

Sunshine Coast Tournament

Sunday, 22 May 2022 (& Sunday, 29 May 2022, if required)

Are You Competing?

All members of Sunshine Coast Karate are invited to participate in our upcoming tournament. As a result of COVID-19 this is the first tournament we have run for nearly 3 years and we are really excited to invite you to join the action.

As it's been so long since our last tournament, we know that a lot of members have never competed before, so we're really looking forward to seeing everyone have a go and put their skills to the test.

It doesn't matter if you're 4 years old or 64 years old, a white belt or a black belt, or anything in between. There are events & divisions for all ages and levels.

As a minimum, a great way to get started in tournaments is to form a team and enter the team kata event.

Tournaments can be a lot of fun and a great way to improve your karate skills and face your fears.

Over the coming weeks, we'll be doing practice for the tournament during all classes. But if you're really keen, we have a class dedicated tournament squad training every Friday. If you're interested, please talk to dojo staff about upgrading your program to Black Belt Club so you can join the squad. If you've got your sights set on working towards a place on the team to compete at the Soke Cup, you are encouraged to attend weekly squad training from term 2.

Who knows, taking the first step today, you might find yourself on the Australian team at the next Soke Cup (Chito-Ryu World Championships) in Japan 2023.

Over the years, our Sunshine Coast dojo team has performed with great results, producing medallists at every Soke Cup since 2001.

But even if you don't yet have your eye on representing Australia. Take the first step and enter the upcoming tournament.

Get your entry form now!

And we'll see you at the tournament.

Entries close: Fri, 6 May 2022

For more information about events and divisions: www.karatedo.org.au/tournament



Sunshine Coast Tournament

Hosted by ICKFA (Sunshine Coast Branch) Inc

Sunday, 22 May 2022 (& If required Sunday, 29 May 2022) ~ Maroochydore Dojo
Registration from: 8:30am Competition from: 9:00am

COMPETITION ENTRY FORM & VOLUNTEER REGISTRATION

First Name Surname
Age (as at 22/05/2022)* D.O.B. Weight – adults kumite (kg)
Belt Colour (Rank) Gender Dojo
Emergency Contact Name/s Relationship
Phone

~ YOU MUST SIGN THE TOURNAMENT DISCLAIMER TO PARTICIPATE ~

Submit completed entry forms & payment to: Your dojo instructor,
EFT payments to ICKFA (Sunshine Coast Branch) Inc, Acc: 136535382 BSB: 633-000
Reference payment with "SURNAME-tournament" and email transaction receipt to martin@karate4life.com.au

Competitor Entry Form & Fees due Friday 6th May: \$40 per person, or \$100 per family (unlimited events)
NO LATE ENTRIES WILL BE ACCEPTED

Event Entry

- ☐ Individual Kata (Sequence performance)
☐ Kumite (Sparring)
☐ Kobujutsu Kata (Weapon performance)
☐ Team Kata (Teams of 3)

For more information about divisions, please visit: www.karatedo.org.au/tournament



Team Kata

Team name:.....

1.....

2.....

3.....

Rank of the most senior team member

.....

You are encouraged to form your own team. However, if you would like to enter team kata but have not yet formed a team, please enter your name above and leave the other names blank. We will do our best to match you up with a team as soon as possible.

Protective Equipment

Approved personal protective equipment is compulsory for all kumite competitors.

Kumite (Protective equipment required)

You must provide your own: groin guards (male), mouth guards, gloves and shin/instep protectors.

Head gear and body gear will be supplied if you do not have your own. No head gear is required for juniors (U/13 yrs). Juniors (U/13 yrs) can score with controlled, non-contact techniques aimed to the head.

Individual kata will be broken up into divisions by: age & rank, subject to number of competitor entries.
Individual kumite tag & kumite will be broken up into divisions by: age, gender, weight & rank, subject to number of competitor entries.
Team Kata: Divisions will be broken up by the rank of the senior most team member.

Tournament Disclaimer

DISCLAIMER

- I acknowledge that I have read the definitions below.
- I hereby acknowledge that my entry and participation in the martial arts tournament carries with it a significant risk of personal injury.
- Therefore, I for myself and my Releasers hereby relinquish, release and/or waive any action against the releasees for any personal injury sustained by me arising out of and/or in the course of the competition.
- In addition, in the event of action being commenced, I for myself and the Releasers hereby indemnify the Releasees against any cost and damages arising from or connected therewith.
- I acknowledge that I may be photographed or videoed during the course of the tournament, and that these materials may be used for display, promotion and/or advertising, or sold for profit, and I hereby waive all rights to compensation which they may otherwise be entitled to for appearing in such material.

DEFINITIONS

- "Personal Injury" has its ordinary English meaning and includes any injury for which a person might be awarded General Damages and/or Special Damages at Common Law.
- "The Releasers" means my family, dependents, heirs, executors and/or assigns and any person or persons claiming through them.
- The "Releasees" means the management committee, officials and instructors of the International Chito-Ryu Karate-do Federation of Australia (Sunshine Coast Branch) Inc and/or any person(s) jointly and/or severally involved in the conduct of the activities of the International Chito-Ryu Karate-do Federation of Australia (Sunshine Coast Branch) Inc.
- "Any action" means any claim, right and/or cause of action for damages at Common Law or pursuant to any statute.

I have read the above disclaimer and definitions, understand them, and have filled in the form correctly and honestly and hereby sign below.

SIGNATURE DATE

Parent/Guardian to sign if under 18 yrs of age

Parent/Guardian Name (If under 18 yrs of age)